



Naval Health Clinic Annapolis



Cmdr. J. Imani Dupree
MD, MBA, FAAOS
Orthopedic Surgeon
Focus on foot and ankle surgery
and sports orthopedics

Education:

- Undergraduate: U.S. Military Academy at West Point
- Medical School: University of Washington School of Medicine
- Residency: Orthopedic Surgery, Michigan State University College of Medicine
- Fellowship: Foot and Ankle Surgery, Harborview Medical Center

Additional interests:

- Dr. Dupree is deeply involved in sports medicine, serving as a team physician for U.S. Naval Academy varsity and club teams for the past six years.
- He also holds leadership positions as the Director of Brigade Medical for Naval Health Clinic Annapolis and as a member of the Diversity, Equity, and Inclusion Committee for the American Foot & Ankle Orthopedic Society.

What do you enjoy most about your work?

- I am deeply committed to honoring the commitment and sacrifices of those who have served by providing them with the highest quality of care possible.
- I enjoy prioritizing patient-centered care, taking the time to listen to his patients' concerns and collaborating with them to develop personalized treatment plans tailored to their individual needs and goals.

Why did you choose military medicine?

- Military medicine holds a profound significance for me, rooted in a deep sense of honor and gratitude for those who have dedicated themselves to serving their country. My experiences as a collegiate football player and a former military officer have given me a unique perspective and appreciation for the sacrifices of athletes and service members. In caring for military personnel and their families, I find immense joy and satisfaction in being able to apply my expertise to create personalized treatment plans that address their specific needs and goals. Whether through nonoperative interventions or advanced surgical techniques, my goal is to maximize recovery and help my patients return to their duties and activities with confidence.



Naval Health Clinic Annapolis



Douglas A. Kurz

PT, DPT, OCS, FAAOMPT, PES

Physical Therapist

Board Certified Clinical Specialist in
Orthopedics

Performance Enhancement Specialist

Education:

- Undergraduate: University of Montana
- Physical Therapy School: Western Carolina University
- Residency: Military Physical Therapy Musculoskeletal Residence
- Fellowship: Orthopedic and Manual Physical Therapy, University of Illinois at Chicago

Additional interests:

- Running gait analysis to enhance and correct compensatory patterns, boost running efficiency, and optimize overall form.
- Individualized, patient-centered strategies that include progressive loading programming for athletic enhancement and achieving specific performance goals.
- Educating patients about self-efficacy and long-term management to enhance physical capacity and improve quality of life as desired.

What do you enjoy most about your work?

- I am passionate about providing both non-operative and post-operative rehabilitative therapy. What I enjoy most is guiding patients back to their pre-injury condition and, when attainable, helping them further enhance their performance beyond their initial status. Helping patients achieve and even surpass their performance-oriented goals, and instructing them in self-management and self-efficacy, is incredibly rewarding and a daily motivation in my practice.

Why did you choose military medicine?

- I am drawn to military medicine for its unique ability to work with a highly skilled and dedicated team in achieving superior outcomes. I value the exceptional skill set, strong work ethic, and collaborative spirit of the team as we work together to accomplish our mission goals. In this environment, physical therapy providers have the privilege of helping patients become mission-ready, enhancing performance capacity, and educating individuals on long-term self-care. I am committed to serving active-duty service members and their dependents with a team-based approach, providing exceptional care and optimal outcomes.



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Education:

- Undergraduate: University of West Florida
- Medical School: Lake Erie College of Osteopathic Medicine – Bradenton, Florida
- Residency: Walter Reed National Military Medical Center

Additional interests:

- Athletic strength and conditioning, working with a variety of collegiate sports teams

What do you enjoy most about your work?

- Employing a comprehensive approach to patient care utilizing evidence-based practices and research, as well as collaborating with the musculoskeletal team to help patient achieve their physical goals.

Why did you choose military medicine?

- I grew up in a Navy family and was exposed to the sacrifices service members and their families make for our country at a young age. I always gravitated toward science and performance-related topics. Medicine was the perfect combination of science, performance, and helping people.
- In my opinion, wearing the uniform and serving the service member is the greatest opportunity and highest honor in medicine.

Lt. Cmdr. Sean Lacey

DO, RMSK

Physical Medicine and Rehabilitation



Naval Health Clinic Annapolis

Education:

- Undergraduate: Eastern Kentucky University
- Master's Degree (Education): Old Dominion University
- Master's Degree (Physical Therapy): University of St. Augustine
- Doctoral Degree: Texas Tech University of Health Science
- Orthopedic Manual Therapy Fellowship: International Academy of Orthopedic Medicine, Anchorage, Alaska

Additional interests:

- Contributing to orthopedic medicine via research and publications, including authoring a paper concerning knee injuries and complications related to returning to duty.
- Educating providers in treatment modalities of acupuncture and dry needling.

What do you enjoy most about your work?

- Employing a comprehensive approach to patient care utilizing evidence-based practices and research, as well as collaborating with the musculoskeletal team to help patient achieve their physical goals.

Why did you choose military medicine?

- Initially I joined the military to further my education and serve something bigger than myself. The Navy provides diverse opportunities and collaboration of professionals of diverse backgrounds, especially in military medicine. In practice, Navy physical therapists have the ability of autonomy, to see patients as direct access, and provide advance patient support such as imaging. The military medicine environment fosters the expansion of education and teamwork, which is why I continue to serve.

Lt. Cmdr. Melissa J. Lodhi
PT, ScD, FAAOMPT, OCS, ATC
Physical Therapist
Board Certified Clinical Specialist in
Orthopedics